

# JULY 2012

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<b>2</b> TROPICAL FRUIT CUP HAMBURGER WITH CHEESE HAMBURGER ROLL POTATO SALAD CARROTS PEARS IN ORANGE JELL-O 1% MILK	<b>3</b> TOMATO JUICE CHICKEN BREAST W/MUSHROOM GRAVY WHITE BREAD BROWN RICE SUMMER BLEND VEGGIES CINNAMON APPLES 1% MILK	<b>4</b>  INDEPENDENCE  DAY  HOLIDAY	<b>5</b> APPLE JUICE HOT ROAST BEEF SANDWICH W/ GRAVY SOUTHWESTERN 3 BEAN SALAD RICE ZUCCHINI & TOMATOES PINEAPPLE TIDBITS IN JELL-O 1% MILK	<b>6</b> NAVY BEAN SOUP TUNA SALAD COLD PLATE LETTUCE & TOMATO SLICES MELON CUP SALTINE CRACKERS FRESH FRUIT 1% MILK
<b>9</b> GRAPE JUICE BAKED HAM IN PINEAPPLE SAUCE RYE BREAD SLICED CARROTS AU GRATIN POTATOES FRUIT AMBROSIA 1% MILK	<b>10</b> PINEAPPLE JUICE CHICKEN TERIYAKI NUGGETS WHEAT BREAD AMISH WHITE BEAN SALAD RICE MIXED VEGETABLES PEACHES 1% MILK	<b>11</b> APPLE JUICE COLD CUT SUB WITH PROVOLONE CHEESE MARINATED CUCUMBER, TOMATO & ONION SALAD LETTUCE & TOMATOES FRESH SEASONAL FRUIT 1% MILK	<b>12</b> PINEAPPLE JUICE PEPPER STEAK WHEAT BREAD BROWN RICE SUMMER BLEND VEGGIES PEACH PARFAIT 1% MILK	<b>13</b> BEEF VEGETABLE SOUP CHICKEN SALAD COLD PLATE MULTIGRAIN DINNER ROLL APPLE JUICE MARINATED GREEN BEAN SALAD PEARS 1% MILK
<b>16</b> PINEAPPLE JUICE BBQ BEEF ON A SANDWICH ROLL SPINACH SCALLOPED POTATOES TROPICAL FRUIT 1% MILK	<b>17</b> FRUIT PUNCH CHICKEN TACOS SHREDDED LETTUCE, TOMATO, CHEESE REFRIED BEANS SEASONED RICE FRESH SEASONAL FRUIT 1% MILK	<b>18</b> MELON CUP MEATLOAF W/ GRAVY WHOLE WHEAT BREAD MASHED POTATOES GREEN BEANS ROSEY APPLE SAUCE 1% MILK	<b>19</b> WATERMELON COLE SLAW 1/4 LB BEEF HOT DOG HOT DOG ROLL PEPPER & ONION GARNISH BAKED BEANS APPLE PIE ALA MODE 1% MILK	<b>20</b> MULTI BEAN SOUP COTTAGE CHEESE & FRUIT COLD PLATE W/ COTTAGE CHEESE, HARD BOILED EGG, PEACH & PEAR SLICES, PINEAPPLE RINGS WHEAT CRACKER LETTUCE & TOMATO APPLE JUICE 1% MILK
<b>23</b> CRANBERRY JUICE 1/4 LB BEEF HOT DOG HOT DOG ROLL COLE SLAW BAKED BEANS PEACH PARFAIT 1% MILK	<b>24</b> ORANGE JUICE CHICKEN STEW W/ PEAS & CARROTS RICE WHEAT BREAD ROSEY APPLE SAUCE 1% MILK	<b>25</b> PINEAPPLE JUICE HOT ROAST BEEF W/ GRAVY WHOLE WHEAT BREAD MASHED POTATOES SUMMER BLEND VEGETABLES FRESH SEASONAL FRUIT 1% MILK	<b>26</b> ORANGE PINEAPPLE JUICE PORK LOIN W/ GRAVY BREAD STUFFING CORN CHERRY APPLE CRISP 1% MILK	<b>27</b> APPLE JUICE ROTINI W/ SWEET ITALIAN SAUSAGE AND TOMATO SAUCE ITALIAN BREAD ITALIAN MIXED VEGETABLES MANDARIN ORANGES 1% MILK
<b>30</b> TOMATO JUICE TUNA SALAD KAISER ROLL W/ LETTUCE GREEN PEA SALAD MARINATED CUCUMBERS, TOMATO & ONIONS PEACHES 1% MILK	<b>31</b> FRUIT AMBROSIA CHICKEN SALAD COLD PLATE WHOLE WHEAT BREAD LETTUCE & TOMATO WHITE AMISH BEAN SALAD COLE SLAW APPLE PIE 1% MILK	<p>TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE,  CONTACT YOUR MEAL MANAGER,  EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER  MEAL HELPS MAKE MORE MEALS POSSIBLE.</p> <p><b>MENUS ARE SUBJECT TO CHANGE</b></p>		